
Some questions to:

Pedro Bartolomeu 

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Can you introduce yourself? What did you do before quadrathlon, when did you started, ...

Born 1975, Male, 1m70cm, 65kg, Kayak

First Quadrathlon 2004 on Ibiza

Where do you live?

Angra do Heroísmo, Island Terceira (Azores), Portugal

What's your favourite discipline?

Q

Rate the four disciplines on a scale of 5.

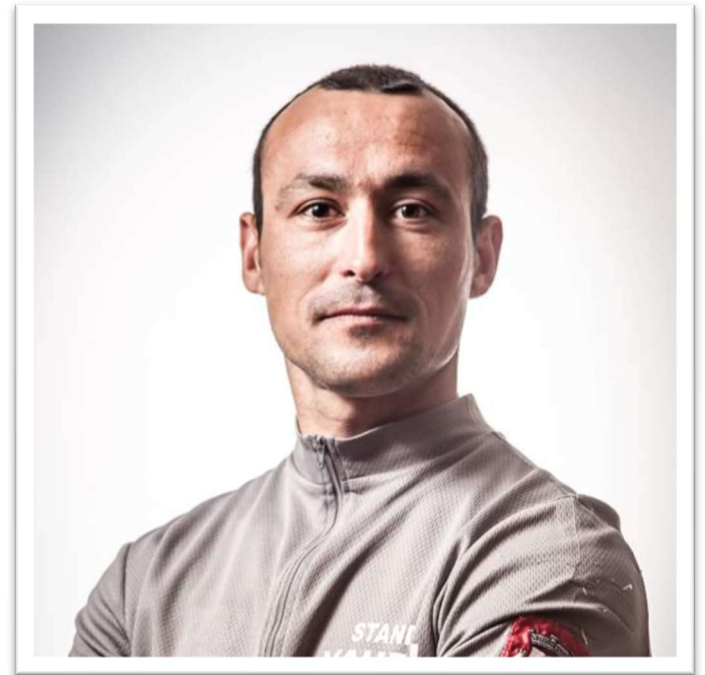
- Swim: 
- Bike: 
- Kayak: 
- Run: 

What are your favourite races?

Quadrathlon of Terceira island

What's your favourite distance? Sprint/ middle/ long?

Middle



What was your best:

- Race: Quadrathlon of Terceira island 2018
- Result: 1st
- Performance: good
- Experience: great

Have you ever won a European or World title? How many, and when?

European Champ Sprint 2018

What are you best results in the world cup ranking?

2010 – second place total

What's your biggest tip for a beginner in quadrathlon?

Prepare to pain

How many hours do you train a week?

6 to 10

Do you like hilly courses?

Yes

Who is your idol?

No

Describe yourself in one word:

Done

If you are a fruit, what fruit would you be? Why?

Coco, hard on the outside soft on the inside

What's your favourite food/drink?

Pizza

What's your favourite pre-race track?

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What do you do before a quadrathlon race?

Final check's on the material, bike and kayak

What do you want to get as a prize if you win a race?

1000 to 5000 euros

Where's your favourite training place?

Monte brasil in Angra do Heroísmo

Do you avoid alcohol? If yes, only in the season, or always?

Don't drink much, usually drink a glass of red wine at dinner. When I go to a party I don't usually drink.

Who do you think is the best quadrathlete in history? Man / woman

Miroslav Poborsky and Lisa Teichert

What's your favourite place?

I haven't been there yet

What's your nickname?

Bart