

Some questions to:

Wiliam Peters 

10.08.2019

Can you introduce yourself? What did you do before quadrathlon, when did you started, ...

I'm 26 years old, 183cm height, 83 kilo, male. Before I started with quadrathlon 2 years ago (in 2017), I was a paddler. In the beginning I started with flat water sprint (1000 meter). After a few years in the national team, I changed to the national team of marathon. When I started working, I was looking for something more challenging. So I discovered Quadrathlon via www.quadrathlon4you.com . That's been 2 years now.

Where do you live?

Belgium, Hamont-Achel

What's your favourite discipline?

Kayak 😊

Rate the four disciplines on a scale of 5.

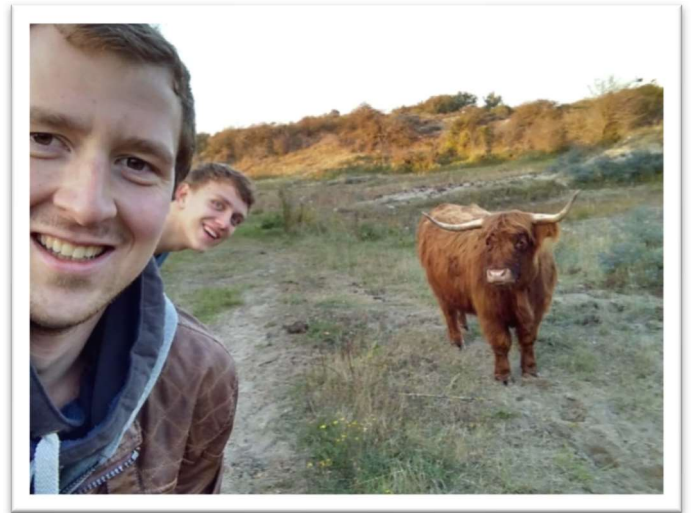
- Swim: 
- Bike: 
- Kayak: 
- Run: 

What are your favourite races?

Tyn and Vltavou, It is an well organised race! And a beautiful place to be.

What's your favourite distance? Sprint/ middle/ long?

Definitely middle



What was your best:

- Race: Koberbach 2017, becoming an European champion in my first year quadrathlon
- Result: Brigg 2019 middle distance, becoming a world champion is special I guess?
- Performance: Brigg 2019
- Experience: Orfu 2017, an middle distance race. My first race in between the fast guys. Opened my eyes 😊

Have you ever won a European or World title? How many, and when?

- World champion 2019 middle distance Brigg (GBR)
- European champion 2017 middle distance, Koberbach (GER)

What are you best results in the world cup ranking?

5th place in 2018

What's your biggest tip for a beginner in quadrathlon?

My motto is: Enjoy every minute of what you are doing. Only 10% of your races are going according your plan. So, if you even can enjoy this 90%, then you will be better for sure.

How many hours do you train a week?

7-10

Do you like hilly courses?

Depends on my shape, but I think I'm too heavy for steep hills.

Who is your idol?

On this moment I don't have an idol. I look up to guys/girls who have fun in what they are doing, I dislike people who seem arrogant.

Describe yourself in one word:

Friendly

If you are a fruit, what fruit would you be? Why?

Passion fruit. I have a hard shell, but once you are inside, it can be very sweet.

What's your favourite food/drink?

- Food: A steak with Belgian fries 😊
- Drink: La Chouffe

What's your favourite pre-race track?

I don't listen to music before a race

What do you do before a quadrathlon race?

I try to find people who want to talk about anything. I don't have (much) stress before a race. So I like to make jokes before the start (Some people probably try to avoid me).

What do you want to get as a prize if you win a race?

Medals and cups, I don't need. I like more the materialistic prizes, like a T-shirt, hat, ... Prize money is always nice, because I don't have any sponsors.

Where's your favourite training place?

I like the Azores in Portugal. Especially Terceira.

Do you avoid alcohol? If yes, only in the season, or always?

No, not at all. I don't drink that much, but I like a beer in the evening with friends.

Who do you think is the best quadrathlete in history? Man / woman

I'm only in this sport for 2 years. So I don't have a clue. In these two years, my appreciation goes to Stefan, not only for the good results, but also for the hard work he puts in this sport.

What's your favourite place?

All over the world? I like to be on vacation or training camp in Europe. But I also like being at home. There are many beautiful and nice places all over the world.

What's your nickname?

My friends call me Will, but my brother and sister call me Willy.

What's your job?

Cheesemaker